

Patient Information Sheet: Elitone Treatment for Incontinence

Overview: Elitone is a non-invasive device designed to treat stress urinary incontinence in women by strengthening the pelvic floor muscles. Using gentle electrical stimulation, Elitone helps improve bladder control and reduce symptoms of urinary leakage.

How Elitone Works:

- **Technology:** Elitone uses FDA-cleared electrical stimulation to target and strengthen the pelvic floor muscles.
- **Application:** The device is worn externally and delivers gentle electrical pulses to the treatment area.
- **Duration:** Typically, you should use Elitone for 20 minutes per day for optimal results.

Usage Instructions:

1. **Preparation:** Ensure the treatment area is clean and shave if necessary for better electrode contact.
2. **Application:** Position the device according to the manufacturer's instructions.
3. **Duration:** Use the device for 20 minutes daily.
4. **Maintenance:** Follow the cleaning and care guidelines provided with the device.

Potential Side Effects:

- Mild skin irritation at the contact area
- Discomfort from electrical stimulation, which should be minimal

Ordering Information:

- **Where to Order:** Elitone can be purchased directly from the manufacturer's website or through authorized medical supply distributors.
- **Contact Information:** Visit [Elitone's Official Website](#) for ordering options and customer support.
- **Prescription:** Consult with your healthcare provider to determine if Elitone is appropriate for your condition and to obtain a prescription if required.

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